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### POLISH AMERICAN ASSOCIATION

**Our Mission:** The mission of the Polish American Association (PAA), a human service agency, is to serve the diverse needs of the Polish community in the Chicago metro area by providing resources for changing lives, with an emphasis on assisting immigrants.

Since 1922, the PAA has been a lifeline to Polish Americans and others, making a positive impact in the community by offering comprehensive support and empowerment to help the less fortunate overcome language and cultural barriers. Your participation in this special event will provide funding for PAA's 28 programs in the areas of Social, Immigrant and Supportive Services, Education and Employment.

A most gracious thank you for your continued generous support in making the PAA a place of help, hope and empowerment for families and individuals adjusting to their new life in the U.S. Dziekujemy bardzo.



# Polish AMERICAN ASSOCIATION Resaurces for Changing Lives

# Chairman's Brunch Sunday, April 27, 2014



## Jim Pawelczyk, Ph.D.

Associate Professor of Physiology, Kinesiology and Medicine Pennsylvania State University Noll Laboratory

James A. (Jim) Pawelczyk received a Bachelor of Arts Degrees in Biology and Psychology from the University of Rochester in 1982, a Masters of Science in Physiology from Penn State University in 1985, and a Ph.D. in Biology (Physiology) from the University of North Texas in 1989. In 1995 he joined the faculty of the Pennsylvania State University where he is now an Associate Professor of Physiology, Kinesiology and Medicine.

Dr. Pawelczyk's research focuses on the dynamic regulation of blood pressure, and how disuse atrophy affects blood pressure regulation. Problems with moment-to-moment regulation of blood pressure lead to orthostatic intolerance, an inability to maintain adequate blood flow to the brain that affects as many as 500,000 Americans. The condition is routinely observed following spaceflight, which Dr. Pawelczyk has studied as a NASA funded investigator for the past six years.

Dr. Pawelczyk assists the formation of U.S. space life sciences strategy. He has testified before the United States Senate Subcommittee on Science and Space, and is an active member of the National Research Council's Space Studies Board and the Institute of Medicine's Committee on Aerospace Medicine and Extreme Environments. Both are part of the National Academies, chartered by Congress to address critical national issues and give advice to the federal government and the public.

#### CHAIRMAN OF THE BOARD Kenneth A. Berezewski

Cordially invites you to meet our honored guest speaker

## JAMES A. PAWELCZYK

The first *astronaut* of full blooded *Polish descent* who will share the inspirational story of his distinguished career as an astronaut and academician.

Solidarity Award for Lifetime Giving will be presented to

ARIE & BOZENA ZWEIG

# CHAIRMAN'S BRUNCH

Sunday, April 27, 2014 Reception 11:30 a.m. Brunch 12:30 p.m.

#### The Standard Club

320 South Plymouth Court Chicago, Illinois 60604